

1 **Investigation of the expression levels of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* ,**
2 ***PIK3CA* and *CTNNB1* genes in different stage colorectal tumors**

3 **Abstract**

4 **Background/aim:** The aim of the study is to assess expression levels of *CPEB4*, *APC*, *TRIP13*,
5 *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and *CTNNB1* genes in tumors and peripheral bloods of
6 colorectal cancer patients in staged I-IV.

7 **Materials and Methods:** The mRNA levels of the genes were determined in tumor tissues and
8 peripheral blood samples of 45 colorectal cancer patients and colon tissues and peripheral blood
9 samples of 5 healthy individuals. Real Time Polymerase Chain Reaction method was used for
10 the analysis.

11 **Results:** The mRNA level of the *CPEB4* gene was significantly downregulated in colorectal
12 tumor tissues and was upregulated in the peripheral blood of colorectal cancer patients relative
13 to the controls ($P < 0.05$). *APC* mRNA level was significantly downregulated in tissues and
14 upregulated in the peripheral blood ($P < 0.05$). *TRIP13* mRNA level was upregulated in
15 peripheral blood and also significantly upregulated in colorectal tumor tissues ($P < 0.05$). *EIF2S3*
16 mRNA level was upregulated in tissues and also significantly upregulated in peripheral blood
17 ($P < 0.05$). *PIK3CA* mRNA level was downregulated in tissues and upregulated in peripheral
18 blood. *EIF4A1* mRNA level was downregulated in tissues and significantly upregulated in
19 peripheral blood ($P < 0.05$). *CTNNB1* mRNA level was downregulated in tissues and upregulated
20 in peripheral blood. *IFN γ* mRNA level was upregulated in both colorectal cancer tumor tissues
21 and peripheral blood.

22 **Conclusion:** *TRIP13* and *CPEB4* mRNA up regulation in the peripheral blood of patients with
23 colorectal cancer may be a potential target for early stage diagnosis. In addition to this
24 evaluation, although there is not much study on *EIF2S3* and *EIF4A1* mRNA changes in cases

1 with colorectal cancer, upregulation in peripheral blood draws attention in our study. These data
2 will shed light on the new comprehensive studies.

3 **Key words:** Biomarker, colorectal tumor, different stage, gene expression.

4 **1. Introduction**

5 Cancers originating from the colon or rectum are called colorectal cancer. Colorectal cancer is
6 the third most common cancer type in the world and the fourth most common cause of cancer-
7 related deaths [1]. Early diagnosis is associated with improving prognosis and associated with
8 the identification of genetic biomarkers and the development of available diagnostic tools [2].
9 The application of gene expression profiling on carcinogenesis studies purposes to identify
10 specific alterations on gene expression according to tumour development and to diagnose and
11 classify tumours on the basis of molecular features [3]. Several studies have been conducted to
12 investigate the difference in gene expression levels between tumor and normal colorectal tissues
13 and have reported significant differences in gene expression profiles between adenoma and
14 normal mucosa. Among these studies, certain groups of genes have been reported to be of
15 differently expressed and consequently help distinguish cancerous tissues from normal ones [4-
16 10]. Ortiz-Zapater et al. [11] reported that CPEB4-associated mRNAs are significantly enriched
17 in a number of cellular functions that are relevant to tumorigenesis. The adenomatous polyposis
18 coli (*APC*) gene is a key tumor suppressor gene. Mutations in *APC* gene are the basis of
19 hereditary predisposition to colorectal cancer in familial Adenomatous Polyposis coli (FAP)
20 and also the primary reason for the formation of sporadic colorectal tumors. Mutant *APC* may
21 also impair cytoskeleton adhesion and stability, which play a role in cancer progression. A
22 better understanding of both genetics and biological function of *APC* may help develop
23 preventive or therapeutic regimes that aim to reduce the burden of colorectal cancer over time
24 [12]. Somatic mutations in the *CTNNB1* gene have been identified in several types of cancer
25 including include colorectal, liver, thyroid, ovarian, endometrial and skin cancers and

1 medulloblastoma. *TRIP13* has been found to play a key role in meiotic recombination, spindle
2 checkpoint and chromosome synapses [13]. Studies have shown that *TRIP13* is over-expressed
3 in multiple neoplasms [14-16]. Sheng et al. [17] suggested that *TRIP13* can support colorectal
4 cancer cell proliferation, migration and invasion in vitro, and reported low survival times for
5 colorectal cancer patients. *IFN γ* is a critical proinflammatory cytokine for natural and adaptive
6 immunity against viral and intracellular bacterial infections and tumor control. *IFN γ* is also
7 important for the activation of macrophages in response to intracellular bacteria and viruses.
8 Decreased *IFN γ* induction or signal has also been demonstrated to be associated with increased
9 sensitivity to intracellular bacteria, some viruses and tumor onset [18]. *PIK3CA* is a proto-
10 oncogene encoding phosphatidylinositol-3-kinases (PI3K) located in the EGFR tyrosine-kinase
11 domain and leads to the activation of AKT's phosphorylation and the AKT-mTOR signal path.
12 The phosphoinositol-3-kinase (PI3K) pathway has been discovered as an enzymatic activity
13 associated with a viral oncoprotein in human cancers. This pathway has attracted a lot of
14 attention in human cancer studies because it is important for cell cycle, proliferation, growth,
15 survival, protein synthesis, and glucose metabolism [19]. The *EIF2S3* gene encodes the core
16 subunit of eukaryotic translation initiation factor-2 (eIF2), a heterotrimeric GTP binding protein
17 involved in the incorporation of methionyl-tRNA (i) into the 40S ribosomal subunit. EIF2
18 complex is required for protein synthesis [20]. EIF4A is a member of the DEAD box protein
19 family and functions as an ATP-bound RNA helicase to catalyze the dissolution of the mRNA
20 secondary structure at 5'UTR [21].

21 Among all the genes reported in the literature with their potential cause in tumor development,
22 *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and *CTNNB1* have particularly been
23 identified to be a set of potential candidates for tumor development. Therefore, in this study,
24 they have been experimentally studied by considering their expression level in 45 colorectal
25 cancer patients who were at different stages of their disease. It is discovered that these genes

1 exist in tumors and peripheral bloods, but with varying expression levels, which appears to
2 suggest that they may help distinguish patients and their disease stages, consequently
3 understand molecular mechanism of the disease.

4 **2. Materials and Methods**

5 **2.1. Sample collection and clinicopathological information**

6 50 patients who underwent surgical resection in the Department of General Surgery,
7 Afyonkarahisar Health Sciences University between April 2018 and December 2019 were
8 chosen for the study. Tissues and blood samples were obtained from the patients with
9 histopathologically confirmed colorectal carcinoma (26 male and 19 female patients). Of the
10 fifty patients, five are non-colorectal cancer subjects and selected as controls. The stage of
11 cancer was estimated on the basis of the TNM and American Joint Committee on Cancer
12 classifications. This study was approved by the Ethics Committee of Afyonkarahisar Health
13 Sciences University (2018/2 No:39) and all patients provided informed consent.

14 **2.2. RNA extraction, Real-time PCR and RT-PCR analyses**

15 The fresh samples were transported in liquid nitrogen and stored in -80 °C until RNA extraction.
16 About 5ml peripheral blood samples were stored in EDTA-coated vacutainers and RNA
17 extractions were immediately performed. RNA extractions of tissues and peripheral blood
18 samples were performed by using EZ-RNA Total RNA extraction kit (BI, Israel, Cat. No: 20-
19 400-100) according to the manufacturer's protocol. Then, RNA amount and RNA purity were
20 quantified for each RNA sample by Nanodrop ND-1000 spectrophotometer V3.7. RNA
21 samples were stored at -80°C until use. All the RNA samples were reverse transcribed into
22 cDNA from 1 µg of total RNA (iScript Reverse Transcription Supermix Biorad, USA, Cat.
23 No:170884) under the following conditions: One cycle at 25°C for 5 minutes, 46°C for 20
24 minutes and 95°C for 1 minute. Real-time PCR was performed after reverse transcription.

1 mRNA expression analysis of all the genes was performed by using the Rotor Gene-Q (Qiagen,
2 Hilden, Germany). cDNAs that belong to the cases were added to iTaq Universal SYBR Green
3 Supermix (Biorad, USA, Kat. No: 1725122) according to the manufacturer's protocol.
4 Oligonucleotide primers were designed by Oligomere (Ankara, Turkey) based on following
5 primer sequences:

6 *CPEB4-F*: 5'-CATATTCAGCTCCAGAAGTATGCTC-3'

7 *CPEB4-R*: 5'-AGTGCATGTCTGAATGTCCTG-3'

8 *APC-F*: 5'-AAAATGTCCCTCCGTTCTTATGG-3'

9 *APC-R*: 5'-CTGAAGTTGAGCGTAATACCAGT-3'

10 *TRIP13-F*: 5'-ACTGTTGCACTTCACATTTTCCA-3'

11 *TRIP13-R*: 5'-TCGAGGAGATGGGATTTGACT-3'

12 *EIF2S3-F*: 5'-GTATCACTTTTTGCGGAGCAT-3'

13 *EIF2S3-R*: 5'-GGGGTCAATTTTTGTTCCAA-3'

14 *EIF4A1 F*: 5'-AAGGCGTCATCGAGAGTAACT-3'

15 *EIF4A1 R*: 5'-ATGTGGCCGTTTTCCAGTC-3'

16 *IFN γ -F*: 5'-TCAGCTCTGCATCGTTTTGG-3'

17 *IFN γ -R*: 5'-GTTCCATTATCCGCTACATCTGAA-3'

18 *PIK3CA-F*: 5'-CCTGATCTTCCTCGTGCTGCTC-3'

19 *PIK3CA-R*: 5'-ATGCCAATGGACAGTGTTCTCTT-3'

20 *CTNNB1-F*: 5'-CTTGCTCAGGACAAGGAAGC-3'

21 *CTNNB1-R*: 5'-CATATGTCGCCACACCTTCA-3'

22 *GAPDH-F*: 5'-CATTGCCCTCAACGACCACTTT-3'

23 *GAPDH-R*: 5'-GGTGGTCCAGGGGTCTTACTCC-3'. We used the following RT-PCR

24 protocol for *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *CTNNB1*: 95°C for 30 seconds initial

25 denaturation followed by 40 cycles of 95°C for 5 seconds and 60°C for 30 seconds, and for

1 *IFN γ* , *PIK3CA*: 95°C for 30 seconds initial denaturation followed by 40 cycles of 95°C for 5
2 seconds and 63°C for 30 seconds. Melting curve analysis was performed for confirmation of
3 single product amplification at the end of the PCR. 65-95°C, 0.5°C increments at 5 sec/step.
4 Each run has been performed triplicate.

5 **2.3. Statistical Analysis**

6 All the data analyzes were performed using REST 2009 V2.0.13 and SPSS v.19 Software which
7 use Pair Wise Fixed Reallocation Randomizasyon test [22] where $P < 0.05$ is deemed to
8 represent a statistically significant result. REST 2009 Software is a standalone tool for analysis
9 of gene expression data from quantitative, real-time PCR experiments. The analysis or
10 quantitation of relative gene expression uses expression of reference genes to normalize
11 expression levels of genes of interest in different samples.

12 **3. Results**

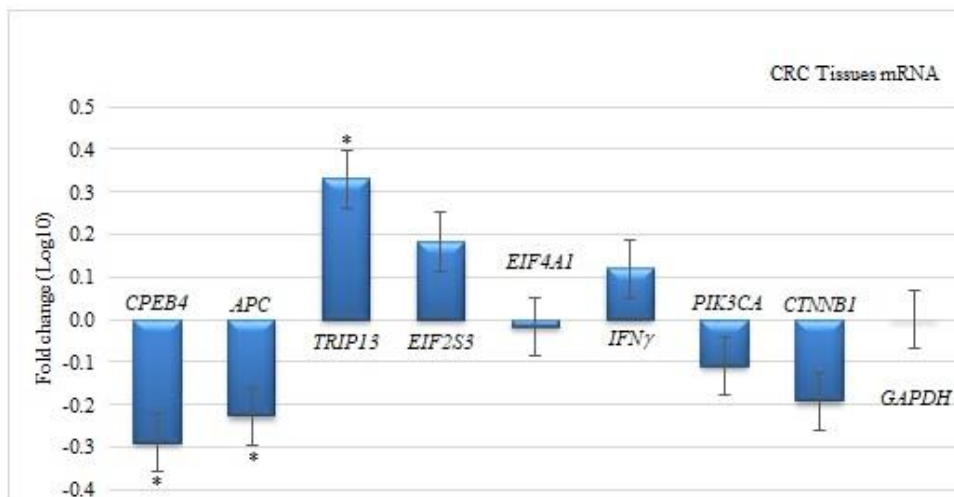
13 The study included 45 patients (average age: 66.6 \pm 12.66) with pathologically proven colorectal
14 carcinoma and 5 control patients (average age: 62.5 \pm 11.08). Cancer tissues and blood samples
15 were collected for each of the cases. In colorectal cancer, tumor localization was in the rectum
16 for 17 patients and in the colon for 26 patients. Of 45 patients, the number of patients at stages
17 I, II, III and IV are 8, 17, 15 and 5, respectively.

18 **3.1. Gene Expression Analysis**

19 The mRNA levels of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and *CTNNB1*
20 genes expressed in colorectal cancer tissue specimens, colorectal cancer blood samples, normal
21 colon tissues and blood samples were analysed.

1 **3.1.1. mRNA analysis of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and**
2 ***CTNNB1* genes expressed in normal and cancer tissues**

3 Changes in mRNA levels of related genes expressed in tumor tissues of colorectal cancer (CRC)
4 cases were determined according to the tissues of the control group. While the mRNA levels of
5 *CPEB4* and *APC* genes decreased significantly compared to the control group (0.512 and 0.594
6 fold regulation value, respectively) ($P < 0.05$), the mRNA level of the *TRIP13* gene significantly
7 increased (2.139) ($P < 0.05$). The mRNA levels of *EIF2S3* and *IFN γ* genes increased compared
8 to the control group, while the mRNA level of *EIF4A1*, *PIK3CA* and *CTNNB1* genes decreased
9 (Figure 1).



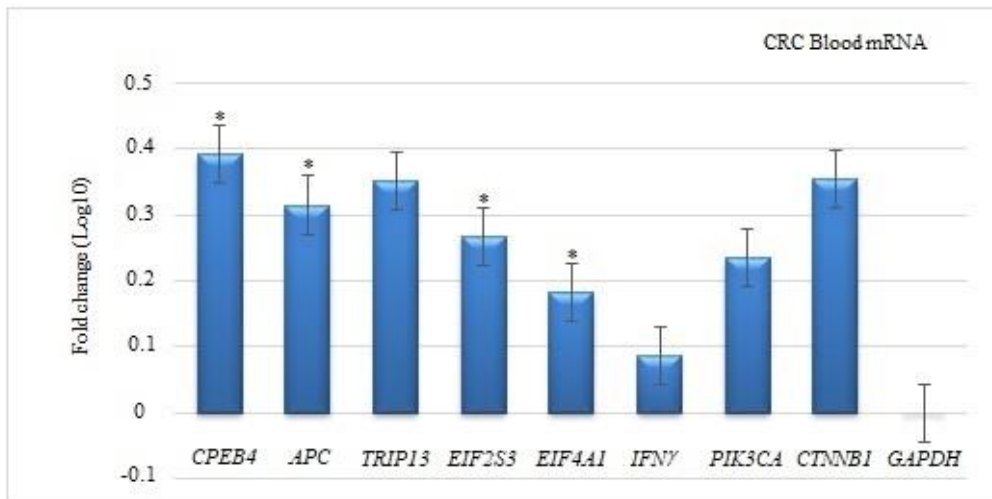
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11 **Figure 1:** The results of real-time PCR analysis. The up/down regulation of genes in tissues of
12 colorectal cancer (CRC) patient were given as fold regulation levels. *Represents the
13 significance of $P < 0.05$ compared to control. *GAPDH* is reference gene for normalization.

14 **3.1.2 mRNA analysis of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and**
15 ***CTNNB1* genes expressed in normal and cancer peripheral blood samples**

16 Changes in mRNA levels of related genes expressed in peripheral blood samples of colorectal
17 cancer cases were determined according to the peripheral blood samples of the control group.
18 The mRNA levels of the *CPEB4*, *APC*, *EIF2S3* and *EIF4A1* genes were significantly increased

1 compared to the control group (2.467; 2.066; 1.852; 1.522 fold regulation value; respectively)
2 (P<0.05). The mRNA levels of *TRIP13*, *IFN γ* , *PIK3CA* and *CTNNB1* genes also increased
3 (Figure 2).

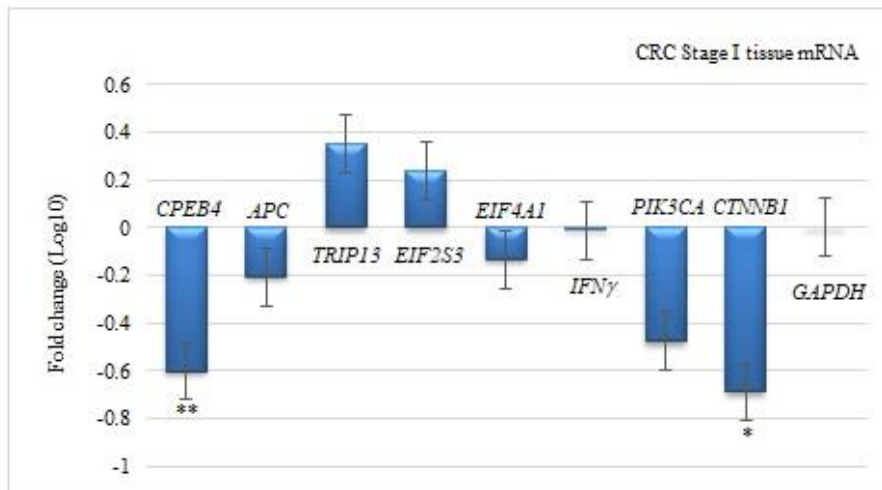


4
5 **Figure 2:** The results of real-time PCR analysis. The up/down regulation of genes in peripheral
6 blood of colorectal cancer patient were given as fold regulation levels. *Represents the
7 significance of $P<0.05$ compared to control. *GAPDH* is reference gene for normalization.

8 **3.1.3. mRNA analysis of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and**
9 ***CTNNB1* genes expressed in tumor tissues of stage I-II-III-IV colorectal cancer patients.**

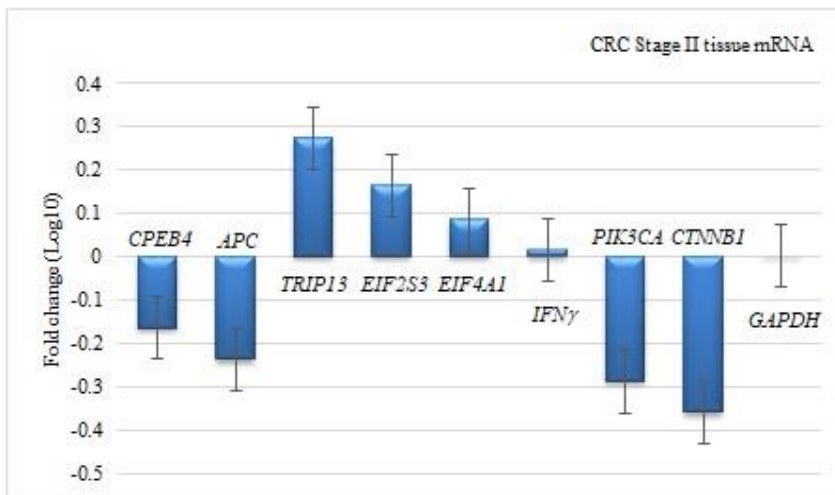
10 Changes in mRNA levels of related genes expressed in tumor tissues of stage I-II-III-IV
11 colorectal cancer cases were determined according to the tissues of the control group. The
12 findings for each stage are as follows:

13 **Stage I:** The mRNA levels of the *CPEB4* and *CTNNB1* genes decreased significantly compared
14 to the control group [0.250 (P<0.001); 0.204 (P<0.05) fold regulation value; respectively].
15 While *TRIP13* and *EIF2S3* mRNA levels increased compared to the control group, mRNA
16 levels of *APC*, *EIF4A1*, *IFN γ* and *PIK3CA* genes decreased (Figure 3).



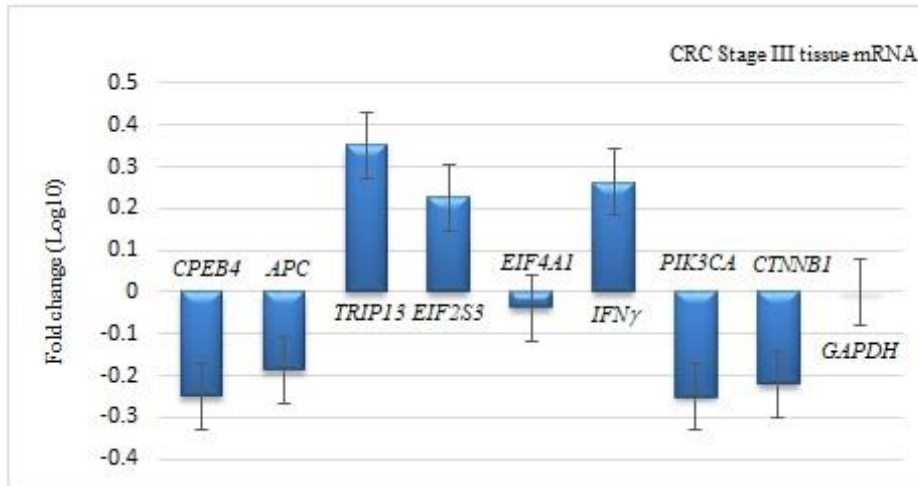
1
 2 **Figure 3:** The results of real-time PCR analysis. The up/down regulation of genes in tissues of
 3 Stage I colorectal cancer patients were given as fold regulation levels. *Represents the
 4 significance of $P < 0.05$ compared to control. *GAPDH* is reference gene for normalization.

5 **Stage II:** While mRNA levels of *CPEB4*, *APC*, *PIK3CA* and *CTNNB1* genes decreased
 6 compared to the control group, *TRIP13*, *EIF2S3*, *EIF4A1* and *IFN γ* mRNA levels increased
 7 (Figure 4).



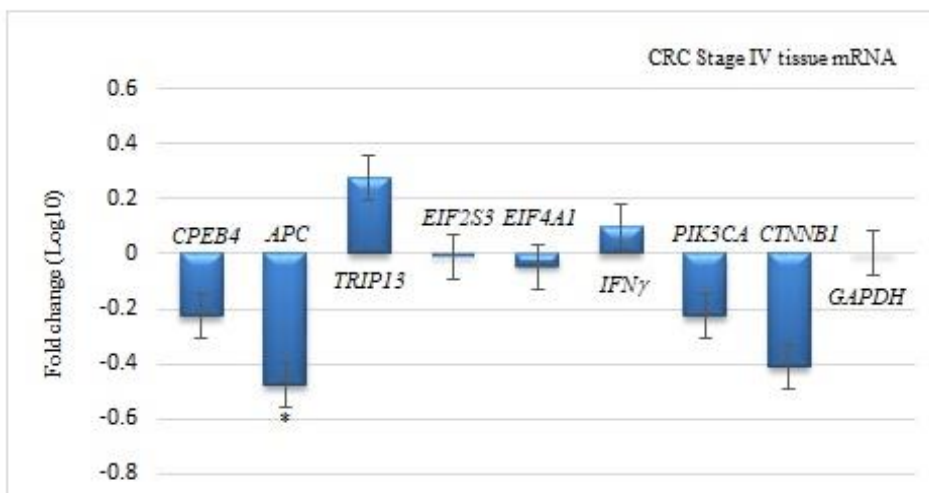
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 9 **Figure 4:** The results of real-time PCR analysis. The up/down regulation of genes in tissues of
 10 Stage II colorectal cancer patients were given as fold regulation levels. *GAPDH* is reference
 11 gene for normalization.

1 **Stage III:** mRNA levels of *CPEB4*, *APC*, *EIF4A1*, *PIK3CA* and *CTNNB1* genes decreased
 2 compared to the control group, whereas *TRIP13*, *EIF2S3* and *IFN γ* mRNA levels increased
 3 (Figure 5).



4
 5 **Figure 5:** The results of real-time PCR analysis. The up/down regulation of genes in tissues of
 6 Stage III colorectal cancer patients were given as fold regulation levels. *GAPDH* is reference
 7 gene for normalization.

8 **Stage IV:** The mRNA level of the *APC* gene significantly decreased compared to the control
 9 group. [0.333 fold regulation value, ($P < 0.05$)]. In addition, *CPEB4*, *EIF2S3*, *EIF4A1*, *PIK3CA*
 10 and *CTNNB1* mRNA levels decreased compared to the control group, while *TRIP13* and *IFN γ*
 11 mRNA levels increased (Figure 6).



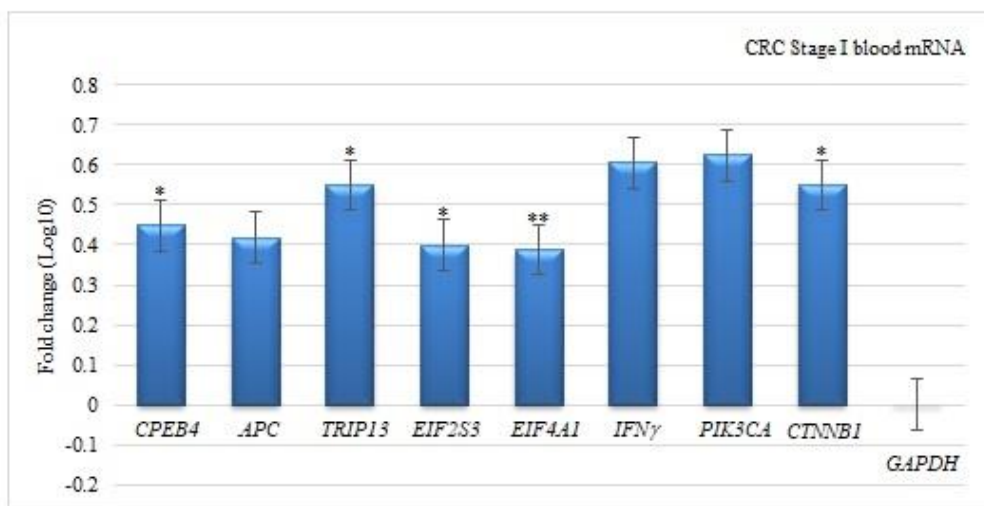
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1 **Figure 6:** The results of real-time PCR analysis. The up/down regulation of genes in tissues of
2 Stage IV colorectal cancer patients were given as fold regulation levels. *Represents the
3 significance of $P < 0.05$ compared to control. *GAPDH* is reference gene for normalization.

4 **3.1.4. mRNA analysis of *CPEB4*, *APC*, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* , *PIK3CA* and**
5 ***CTNNB1* genes expressed in peripheral blood samples of stage I-II-III-IV colorectal**
6 **cancer patients.**

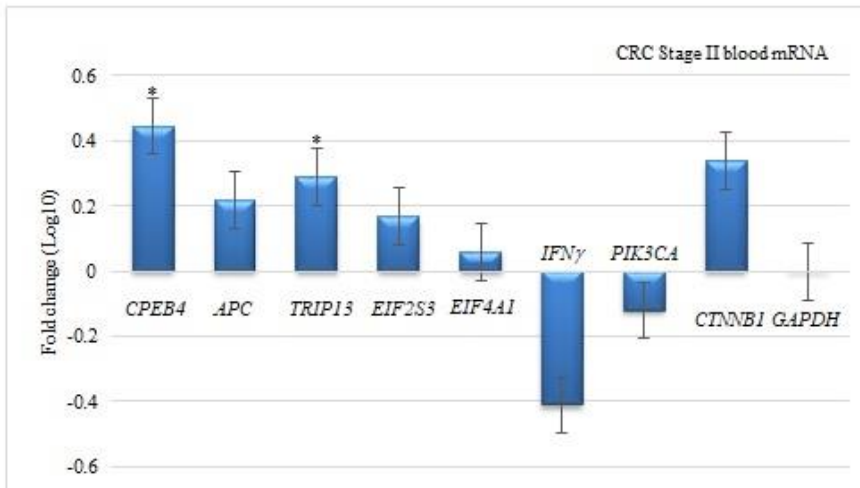
7 Changes in mRNA levels of related genes expressed in peripheral blood samples of stage I-II-
8 III-IV colorectal cancer cases were determined according to the peripheral blood samples of the
9 control group. The findings for each stage are as follows:

10 **Stage I:** The mRNA levels of *CPEB4*, *TRIP13*, *EIF2S3*, *CTNNB1*, *EIF4A1* genes significantly
11 increased compared to the control group [2.803; 3.553; 2.507; 3.548 ($P < 0.05$); 2.441; ($P < 0.001$)
12 fold regulation value; respectively]. The mRNA levels of the *APC*, *IFN γ* and *PIK3CA* genes
13 also increased compared to the control group (Figure 7).



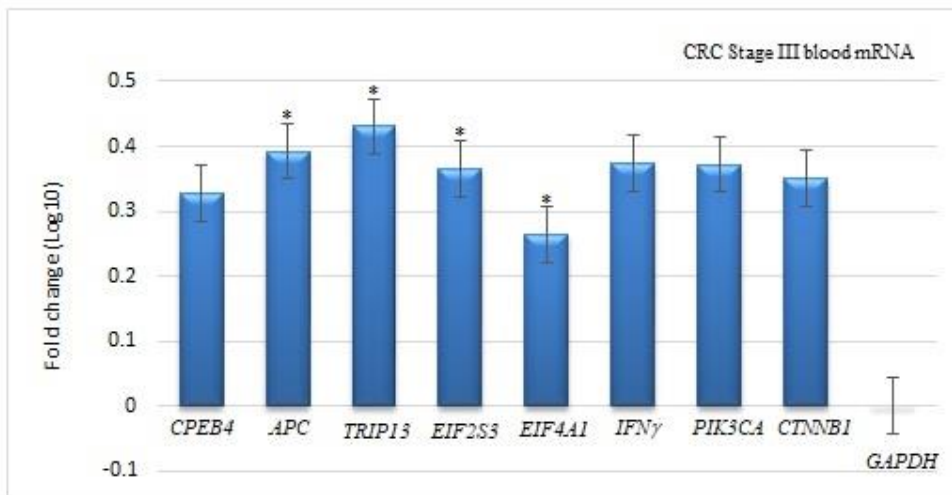
14
15 **Figure 7:** The results of real-time PCR analysis. The up regulation of genes in peripheral blood
16 of Stage I colorectal cancer patients were given as fold regulation levels. *Represents the
17 significance of $P < 0.05$, ** Represents the significance of $P < 0.001$ compared to control.
18 *GAPDH* is reference gene for normalization.

1 **Stage II:** The mRNA levels of *CPEB4* and *TRIP13* genes significantly increased compared to
2 the control group [2.788; 1.943 fold regulation value ($P<0.05$)]. The mRNA levels of the *APC*,
3 *EIF2S3*, *EIF4A1* and *CTNNB1* genes also increased compared to the control group, while the
4 mRNA levels of the *IFN γ* and *PIK3CA* genes decreased (Figure 8).



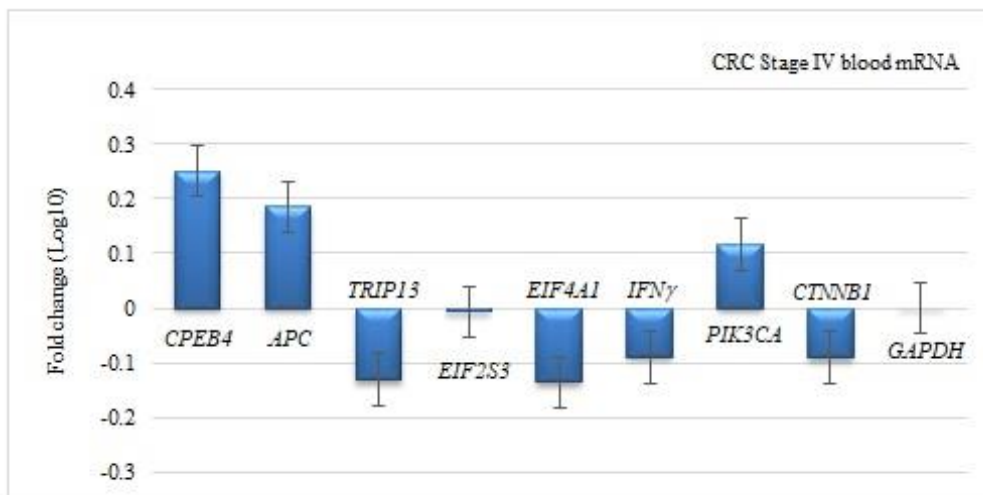
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6 **Figure 8:** The results of real-time PCR analysis. The up/down regulation of genes in peripheral
7 blood of Stage II colorectal cancer patients were given as fold regulation levels. *Represents
8 the significance of $P<0.05$. *GAPDH* is reference gene for normalization.

9 **Stage III:** The mRNA levels of *APC*, *TRIP13*, *EIF2S3* and *EIF4A1* genes significantly
10 increased compared to the control group [2.47; 2.696; 2.32; 1.838 fold regulation value
11 ($P<0.05$)]. The mRNA levels of *CPEB4*, *IFN γ* , *PIK3CA* and *CTNNB1* genes also increased
12 compared to the control group (Figure 9).



1
 2 **Figure 9:** The results of real-time PCR analysis. The up regulation of genes in peripheral blood
 3 of Stage III colorectal cancer patients were given as fold regulation levels. *Represents the
 4 significance of $P < 0.05$ compared to control. *GAPDH* is reference gene for normalization.

5 **Stage IV:** While mRNA levels of *CPEB4*, *APC* and *PIK3CA* genes increased compared to the
 6 control group, *TRIP13*, *EIF2S3*, *EIF4A1*, *IFN γ* and *CTNNB1* mRNA levels decreased (Figure
 7 10).



8
 9 **Figure 10:** The results of real-time PCR analysis. The up/down regulation of genes in
 10 peripheral blood of Stage IV colorectal cancer patients were given as fold regulation levels.
 11 *GAPDH* is reference gene for normalization.

12

1 **4. Discussion**

2 In colorectal cancer, a comprehensive list of biomarkers with quite different expression patterns
3 can be used as molecular markers to complement existing histopathological factors in patients'
4 follow-up and treatment strategies. Although screening tests are becoming increasingly
5 important, colon cancer cases are often diagnosed at an advanced stage of the tumor, where the
6 chances of survival are greatly reduced. It is well known that various gene expression
7 differences can be detected during colon cancer development. On the basis of all genome
8 expression studies, it is intended to identify clinically useful biomarkers and then be developed
9 and used as part of routine diagnosis in tumor classification [23].

10 **4.1. Relationship between Colorectal Cancer and *CPEB4* Gene Expression**

11 Abnormal expression of *CPEB4* is associated with certain types of cancer, suggesting that
12 *CPEB4* can play critical roles in the control of cancer proliferation and metastasis [24]. In
13 particular, it is suggested that *CPEB4* plays an important role in the migration and invasion of
14 cancer cells in certain types of cancer, and can be used as a target for cancer treatment [11, 24-
15 26]. In addition, it is of great interest to identify cancer-associated RNA-binding proteins, to
16 understand colorectal cancer biology, and to potentially set new goals with cancer treatment
17 and prognostic biomarkers [27]. It has been reported that colorectal cancer tissues express high
18 levels of *CPEB4* and that high mRNA level is associated with advanced tumor stage, lymph
19 node metastasis, distant metastasis and poor prognosis in patients with colorectal cancer [28].
20 In our study, *CPEB4* mRNA level was significantly decreased in all colorectal tumor tissues.
21 However, similar to our study, Xu and Liu [24] reported that *CPEB4's* mRNA level decreased
22 compared to control in prostate cancer and adjacent tissues. Considering the studies, there are
23 different results related to *CPEB4* in different types of tumor tissues. *CPEB4* is thought to affect
24 tumor growth, invasion and vascularization by applying preoncogenic effects, since the high
25 level of expression of *CPEB4* has been defined in a wide variety of malignancies [11]. In

1 addition, *CPEB4* gene expression has been reported to be relatively low in NSCLC samples
2 compared to adjacent non-cancerous tissues [29]. In another study, *CPEB4* gene expression was
3 reported to increase in pancreatic ductal carcinoma [11] but decreased in hepatocellular
4 carcinoma [30]. When liver samples taken from 125 hepatocellular carcinoma patients were
5 compared with 49 controls, it was reported that the protein level of *CPEB4* increased in early
6 stage hepatocellular carcinoma and decreased in late stage hepatocellular carcinoma [31]. These
7 changes in the expression of *CPEB4* during the progression of hepatocellular carcinoma suggest
8 that it plays a complex role in tumorigenesis. It has been suggested that *CPEB4* gene expression
9 is directly proportional to the pathological degree of glioma, increased *CPEB4* gene expression
10 in primary tumors in predicting poor outcomes in patients, and suppressed *CPEB4* gene
11 expression inhibits tumor cell proliferation and is a potential therapeutic target for glioblastoma
12 [32]. However, Hu et al. [33] reported that *CPEB4* gene expression increases significantly in
13 glioma and this increase is directly proportional to the advanced cancer stage. It has been
14 reported that for patients with glioma, *CPEB4* may be a highly sensitive prognostic indicator.
15 It is thought that *CPEB4* is over-expressed in a wide variety of tumors, including colorectal
16 cancer, skin cancer and kidney cancer, and high expression of *CPEB4* may also be effective in
17 tumor development. It has been suggested that *CPEB4* is important in tumor invasion and
18 metastasis processes, and high expression level is an indicator for poor outcome in colorectal
19 cancer patients [34]. In addition, Xu and Liu [24] reported a similar result in invasive and
20 metastatic cancers. In addition, *CPEB4* has also been reported to be highly expressed in the
21 peripheral blood of cases with colorectal cancer [35]. Similar to this study, in our study, *CPEB4*
22 mRNA level increased significantly in the peripheral blood of patients with colorectal cancer.
23 When compared in terms of stages, this increase was important in Stage I and Stage II. This
24 suggests that *CPEB4* gene expression in peripheral blood from the early stages of colorectal
25 cancer may be an indicator for colorectal cancer. It has been suggested that such gene

1 expression changes may be related to different pathways regulated by *CPEB4* in different types
2 of cells. It has been suggested that such gene expression changes may be related to different
3 pathways regulated by *CPEB4* in different types of cells [29]. In our study, while the mRNA
4 level of the *CPEB4* gene was significantly decreased in all colorectal tumor tissues of the cases,
5 it was observed that it is increased significantly in peripheral blood samples. When evaluated
6 comparatively in terms of stages, the increase in the mRNA level of *CPEB4* gene was found to
7 be statistically significant in the peripheral blood samples of cases in colorectal cancer Stage I
8 and Stage II. This suggests that the increase in *CPEB4* mRNA level in peripheral blood since
9 the early stages of colorectal cancer may be a potential biomarker for colorectal cancer.

10 **4.2. Relationship between Colorectal Cancer and *APC* Gene Expression**

11 Although there are many studies related to *APC* mutations in literature searches, there is not
12 much study on gene expression. Birnbaum et al. [36] investigated the role of the *APC* gene in
13 the 183 colon adenocarcinoma series, by combined analysis of gene expression, mutation,
14 allelic loss, and promoter methylation and metastasis formation. While spot mutations were
15 detected in 73% of cases and allelic losses in 39% of cases; 59% of tumors showed biallelic
16 inactivation. No relationship was found between the number and type of *APC* gene expression
17 changes and metastatic transformation. The results show that determining the *APC* status cannot
18 help for the prediction of metastasis and cannot be used to classify stage II colon cancers. In
19 our study, the mRNA level of the *APC* gene was significantly decreased in all colorectal tumor
20 tissues, while the peripheral blood of the same cases increased significantly. When compared
21 in stages, this increase was also important in Stage III. When evaluated in terms of stages, while
22 the increase in the mRNA level of the *APC* gene in the peripheral blood samples of the patients
23 in colorectal cancer stage III, the decrease in stage IV tumor tissues was significant. These
24 results indicate that determining *APC* mRNA levels cannot assist in predicting colorectal cancer
25 and cannot be used to classify the stages of colon cancer.

1 In the study of Güler [37], 8 of 20 patients with colorectal carcinoma reported that there was a
2 mutation in the *APC* gene, whereas in the rest, the expression of the *APC* gene was significantly
3 different compared to the control group. It has been suggested that *APC* is overexpressed in
4 NIH3T3 fibroblast cells to block cell cycle progression from serum-induced G0/G1 to S phase
5 [38]. Consistent with these data, it has been suggested that *APC* is overexpressed to prevent
6 transition to the G1 phase in colorectal cancer cell lines. This function is partially associated
7 with the regulation of the β -catenin/Tcf mediated transcription of S-phase regulators such as
8 cyclic D1 and c-myc [39]. It has been suggested that *APC* can also affect proliferation
9 independently of β -catenin. Thus, deactivation of the mutant *APC* at the G1/S control point can
10 contribute to aberrant cell proliferation. Copy number changes, regulatory changes, deletions,
11 severe mutations and other potential causes are difficult to distinguish through *APC* mRNA
12 expression data. In other words, more studies are needed to demonstrate causality correlation
13 with respect to *APC* mRNA changes. The results obtained as a result of mRNA analyses are
14 not sufficient for any necessary information such as mutation status and other
15 clinicopathological features. Further study is therefore required for developing preventive or
16 therapeutic strategies that may be developed over time, especially aimed at reducing the
17 colorectal cancer burden.

18 **4.3. Relationship between Colorectal Cancer and *CTNNB1* Gene Expression**

19 The *CTNNB1* gene encodes β -catenin. β -catenin plays an important role in the adhesion of cells
20 and communication between cells. Somatic mutations in the *CTNNB1* gene have been identified
21 in many types of cancer. If β -catenin does not phosphorylate and therefore does not break down,
22 it accumulates in the cellular cytoplasm and nucleus. The accumulation of the β -catenin may
23 result from the wnt-signal [40] by inactivation of the *APC* or direct mutation of the β -catenin
24 itself [41]. Mutations in the *APC* or *CTNNB1* genes inhibit GSK3 β -mediated phosphorylation
25 followed by β -catenin degradation [42] and result in activation of the catenin transcription [43].

1 This critical role of Wnt in intestinal homeostasis is the basis for understanding why Wnt path
2 deregulation contributes to colorectal carcinogenesis. Of the known Wnt signal cascades,
3 Wnt/ β -catenin (canonical pathway) mutates in about 90% of colorectal cancers. These
4 mutations are mainly found in the genes of *APC* and β -catenin and both lead to pathway
5 activation, but other path components may also harbor mutations [44]. Signal activation of Wnt-
6 β -catenin leads to accumulation of catenin, which can be detected in > 80% of colorectal cancer
7 tumors in the nucleus [45]. In addition, high nuclear catenin levels have been correlated with
8 poor prognosis in colorectal cancer patients [46]. In our study, *CTNNB1* mRNA level decreased
9 in tumor tissues compared to the control group, while it increased in peripheral blood samples.
10 In particular, different mRNA levels were found in Stage I colorectal cancer tissues and
11 peripheral blood samples. These different results we obtained support the view that the changes
12 in *CTNNB1* mRNA level may not be useful in colorectal cancer diagnosis.

13 **4.4. Relationship between Colorectal Cancer and *TRIP13* Gene Expression**

14 *TRIP13* has been found to play a key role in meiotic recombination, spindle checkpoint and
15 chromosome synapses [13]. Studies have shown that *TRIP13* is over-expressed in multiple
16 neoplasms [14-16]. *TRIP13* has been shown to be a localized protein in the kinetochore that
17 allows cell division to progress correctly. A number of kinetochore-localized proteins are
18 highly synthesized in various cancers, and their expression is associated with genomic
19 imbalance or malignant transformation of cancer cells [47]. Although it plays an important role
20 in meiotic regulation, excessive expression or amplification of *TRIP13* has been found in more
21 than one human cancer [48-49].

22 In our study, *TRIP13* mRNA level increased significantly in both colorectal tumor tissues and
23 peripheral blood compared to the control group. Similarly, Kurita et al. [50] analyzed the
24 mRNA level of *TRIP13* between normal and tumor tissues and suggests that *TRIP13* is involved
25 in colorectal cancer cell proliferation and invasion, and may be a potential indicator for

1 colorectal cancer treatment. Sheng et al., [17] analyzed multiple colorectal cancer datasets
2 available from Oncomine to determine the expression profile of *TRIP13* in colorectal cancer,
3 and found that gene expression of *TRIP13* increased in tumor tissue compared to that of normal
4 tissue. To confirm the results, 41 pairs of colorectal cancers and TCGA (Cancer Genome Atlas)
5 examined the mRNA level of *TRIP13* in the corresponding normal tissues, and reported that
6 *TRIP13* was expressed in tumor tissue at a high rate ($p < 0.001$).

7 In our study, the increase in *TRIP13* mRNA level is important especially in peripheral blood
8 stages I-II and III. In the development of colorectal cancer, high mRNA level of *TRIP13* can be
9 observed from the early stage. Sheng et al. [17] reported that high *TRIP13* expression was
10 significantly associated with advanced pTNM stage. High *TRIP13* expression has been shown
11 to reveal poor course in other carcinomas such as renal renal clear cell carcinoma, renal
12 papillary cell carcinoma, brain low grade glioma, liver hepatocellular carcinoma in Total
13 Survival (OS: Overall Survival) analysis. Therefore, abnormal expression of *TRIP13* is a
14 common occurrence in cancer cells. It shows a potential oncogenic role of *TRIP13* in cancer
15 development [51]. Considering the findings mentioned above, *TRIP13* appears to contribute to
16 tumor formation and tumor progression in various human cancers. In Human Mycosis
17 Fungoides Tumor, *TRIP13* gene expression increased compared to control biopsies [52].

18 What is important here is that *TRIP13* gene expression and activity are required for accurate
19 chromosome segregation. It is strongly suggested that *TRIP13* is an oncogene when it is
20 possible to monitor the suitability of chromosome segregation with various pathways and its
21 effects on cell physiology [50]. Our results support this view. In our study, *TRIP13* mRNA
22 levels increased significantly in both colorectal tumor tissues and peripheral blood samples
23 compared to controls. This increase in peripheral blood samples, especially in cases of
24 colorectal cancer stages I-II and III, seems to be significant. An increase in the level of mRNA
25 of *TRIP13* can be observed in the development of colorectal cancer from an early stage. *TRIP13*

1 strongly suggests that overexpression may be a common phenotype in colorectal cancer and a
2 potential finding/biomarker for early-stage colorectal cancer diagnosis.

3 **4.5. Relationship between Colorectal Cancer and *IFN γ* Gene Expression**

4 Interferons can also have a bi-directional effect on cancer cell behavior, such as promoting
5 proliferation or growth inhibition. Indeed, contradictory results have been reported regarding
6 the interferons function as tumor promoters or tumor suppressors in melanoma and colorectal
7 cancer. The differences may arise from different experimental environments, such as the effect
8 of the microenvironment, the amount and quality of the immune infiltrate, and the mutation
9 status of cancer cells. Therefore, there is a need to better understand the biology of interferons
10 in cancer and analyze the data depending on the conditions [53]. In our study, *IFN γ* mRNA
11 levels increased in tumor tissues and peripheral blood samples of colorectal cancer group
12 compared to the control group. However, this increase was not statistically significant. When
13 the data were evaluated in terms of stages, different changes were observed in the mRNA levels
14 according to the data of the control group individuals. Studies to clarify the effect of *IFN γ* on
15 the colorectal cancer process are very new and future studies are needed.

16 **4.6. Relationship between Colorectal Cancer and *PIK3CA* Gene Expression**

17 *PIK3CA* is a proto-oncogene encoding phosphatidylinositol-3-kinases (PI3K) located in the
18 EGFR tyrosine-kinase domain. It leads to phosphorylation of AKT (Protein kinase B) and
19 activation of the AKT-mTOR signaling pathway. The phosphoinositol-3-kinase (PI3K)
20 pathway has been discovered as an enzymatic activity associated with a viral oncoprotein in
21 human cancers. This pathway has attracted a lot of attention in human cancer studies because
22 it is important for cell cycle, proliferation, growth, survival, protein synthesis and glucose
23 metabolism [19]. In our study, it was found that *PIK3CA* mRNA levels decreased in colorectal
24 tumor tissues compared to control, while it increased in peripheral blood compared to the
25 control group. However, these changes are not statistically significant. *PIK3CA*, the catalytic

1 subunit of PI3K, undergoes mutation in many different tumors, including colorectal cancer [54-
2 55]. *PIK3CA* mutations have been reported in about 80% of mutations in 10-20% of colorectal
3 cancers, exon 9 and exon 20 at two hot spots [55]. It has been suggested that *PIK3CA* mutations
4 may be a long-sought biomarker for successful adjuvant therapy with aspirin in colorectal
5 cancer patients. Therefore, *PIK3CA* mutations appear to be a promising biomarker; however,
6 they reported that more studies are needed to precisely define the effect of somatic mutations
7 in the *PIK3CA* gene in the treatment of colorectal cancer patients [56].

8 Yan et al. [57] investigated the potential value and mechanism of *PIK3CA* mutation in
9 colorectal cancer chemotherapy. First line chemotherapy response and *PIK3CA* mutation
10 correlation were evaluated and evaluated in 440 colorectal cancer patients in medical records.
11 The frequency of *PIK3CA* gene mutation in colorectal cancer patients has been found to be
12 9.55%, and this has been reported to be associated with late TNM staging and low histological
13 grade. Colorectal cancer patients with the *PIK3CA* mutation have been reported to respond
14 poorly to primary chemotherapy than those without the *PIK3CA* mutation. *PIK3CA* mutation
15 tumor cells showed poor sensitivity to first-line chemotherapy in vitro and in vivo. The findings
16 showed that PI3K/Akt activation induced by the *PIK3CA* mutation contributes to the survival
17 and proliferation of colorectal cancer stem cells, in which cells are more resistant to
18 chemotherapy. In colorectal cancer studies, conflicting results have been reported about the use
19 of *PIK3CA*, which may be a predictive marker for treatment. Recent meta-analyzes have shown
20 that mutations in *PIK3CA* exon 20 may be a marker for resistance to anti-EGFR treatment [58-
21 59].

22 When the outcomes of the studies are evaluated, mutation analyses come to the fore rather than
23 *PIK3CA* mRNA expression analysis. However, the relationship between *PIK3CA* mutations
24 and the prognosis of colorectal cancer patients remains unclear.

1 In our study, *PIK3CA* mRNA levels decreased in colorectal tumor tissues compared to control,
2 while in peripheral blood samples increased compared to the control group. However, these
3 changes were not statistically significant. When the outcomes of the studies are evaluated, in
4 *PIK3CA*; mutational analysis is more prominent than mRNA analysis. However, the
5 relationship between *PIK3CA* mutations and the prognosis of colorectal cancer patients remains
6 controversial. In early diagnosis of patients with colorectal cancer, mRNA analyses associated
7 with mutation analyses are needed to precisely identify the *PIK3CA* effect.

8 **4.7. Relationship between Colorectal Cancer and *EIF2S3* Gene Expression**

9 EIF2 complex is required for protein synthesis [20]. In our study, *EIF2S3* mRNA levels
10 increased in both colorectal tumor tissues and peripheral blood samples compared to the control
11 group. This increase is only important for the change in the level of *EIF2S3* mRNA expressed
12 in the peripheral blood of the cases. This increase is especially important in stages I and III
13 peripheral blood samples. There are not many studies in the literature for *EIF2S3* mRNA
14 analysis. According to the data obtained in our study, the increase in *EIF2S3* mRNA level in
15 peripheral blood samples stands out in colorectal cancer cases and our data contributes to these
16 limited studies. Further study is therefore required to understand *EIF2S3* mRNA changes in
17 peripheral blood samples of colorectal cancer patients.

18 **4.8. Relationship between Colorectal Cancer and *EIF4A1* Gene Expression**

19 To the best of our knowledge, there are no more studies in the literature regarding *EIF4A1*
20 mRNA gene expression changes. In our study, *EIF4A1* mRNA level in colorectal tumor tissues
21 decreased compared to the control group, while it increased in peripheral blood compared to
22 the control group. This increase is important both in the expression in general peripheral blood
23 and especially in peripheral blood stages I and III. The malignant phenotype is the result of
24 largely irregular gene expression. Transformed cells are due to not only a global increase in
25 protein synthesis, but also a situation where pro-oncogenic mRNAs increase translationally.

1 Such mRNAs have been shown to have longer and more structured 5p-UTRs that require high
2 levels of eukaryotic initiation factor 4A (EIF4A1) helicase activity for effective transcription.
3 Therefore, *EIF4A1* has begun to attract attention for cancer therapy. In order to be used as a
4 biomarker in early diagnosis, detailed studies should be developed on the mechanisms that
5 make specific mRNAs dependent on *EIF4A1* activity [60]. According to the results presented
6 in this study, the increase in *EIF4A1* mRNA level in peripheral blood samples stands out in
7 colorectal cancer cases and our results further contributes to these limited studies. Further study
8 is therefore required to understand *EIF4A1* mRNA changes in peripheral blood samples of
9 colorectal cancer patients.

10 **5. Conclusions**

11 The results reported in this study appears to suggest that the increase in *TRIP13* and *CPEB4*
12 mRNA levels in peripheral blood samples of colorectal cancer cases may be a potential
13 biomarker in early stage diagnosis of colorectal cancer. Considering the results related to
14 *EIF2S3* and *EIF4A1* mRNA changes in the patients with colorectal cancer, the increase in
15 mRNA levels in peripheral blood samples is remarkable. The major differences in mRNA levels
16 in peripheral blood samples and tumor tissue samples likely reflect the tissue-specific specific
17 regulatory mechanisms for related gene. Increases in the level of mRNA observed in the early
18 stage of colorectal cancer suggest that relevant genes may play a role in carcinogenesis. Our
19 data contains genetic information that may contribute to existing procedures in terms of
20 diagnosis and prognosis in patients with colorectal cancer.

21 **Acknowledgment/Conflict of interest**

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